Medicine Management Training for Abderdeen City Health and Social Care Partnership Care at Home Workers (Adult Services)
Disclaimer

At the time of printing, the information in this workbook and the associated video clips reflect best practice and local agreements. Always use the most current version of the training. If there appears to be any inaccuracy in the training, please contact the author. It remains the responsibility of any care provider to ensure that the detail in this training accurately reflects the policy and procedures of the area(s) they provide a service within.

Whilst this training can provide a carer with relevant knowledge and some skills; practical competence in carrying out medication management support must still be accessed by the employer. Neither Joan MacLeod, NHS Grampian or Aberdeen City Council will accept responsibility for any loss, damage or injury that may arise from the use of information in this training.

Although there are sections of this training that are specific to Aberdeen City, most of the content of this workbook (and website) is generic. Please note that the Intermediate Care facilities (Rosewell House and Clashieknowe) will have a wider remit than that detailed in this training.

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Foreword

For a variety of reasons, some older adults can struggle to manage and take their medicines safely. This can have serious consequences for their health and wellbeing and can be a source of worry to family and friends. Simplifying the medication regimen and/or some informal support from family and friends is often all that is needed. However, for some older adults, this is not sufficient (or not possible). In these instances, formal support with medication from care at home workers is vital to enable these older adults to live safely and independently in their own home.

In 2009, Aberdeen City Council and NHS Grampian (Aberdeen City CHP) agreed joint guidance on the commissioning and provision of a formal Medication Management Support Service. The guidance was then revised in 2013. Through the process of rewriting the guidance, it became clear that there was a need to update and expand the training that was provided to care at home workers. So, in 2014 with financial support from the Scottish Government’s ‘Reshaping Care for Older People’ we were able to create this workbook and website.

Thanks to all the carers, care managers, nurses, pharmacists, service-users and the team from Maverick TV who have contributed to this resource.

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Introduction

This training has been created to enable care at home providers to provide safe, appropriate and reliable medication management support to service-users in Aberdeen City. The training can be undertaken by care at home workers at induction and then as regular refresher training. For induction, the modules should be worked through in order and this will take several weeks. With refresher training all, or just some, of the modules can be selected.

Each module contains a mixture of information and activity and can be worked through individually or as a group. Care at home workers should complete the activities as they go and then discuss their answers to each with their line manager before starting another module.

(Please note that the training videos can be watched as many times as the care at home worker needs to)

Line managers should keep a note of when each module was completed - a ‘Record of Activity’ (see page 4) can be used to do this.

After all modules have been completed, the line manager must assess the competence of the care at home worker (through observation) before allowing them to provide unsupervised medication management support.

After initial assessment it is important to reassess competence on a regular basis and record any refresher training given.